

Try the YMCA!

Check out our remodeled Weight Room, Remodeled Cardio Room, Updated Locker Rooms, FREE fitness classes, steam room, sauna, indoor track, basketball courts, racquetball and more!

	JOIN FEE	MONTHLY RATE
ADULT	\$50	\$33
SINGLE PARENT FAMILY	\$50	\$40
COUPLE	\$75	\$60
FAMILY	\$100	\$62

MEMBERSHIP BENEFITS:

- FREE Child Watch
- Special member rates and priority registration for programs and classes
- FREE unlimited group exercise classes and indoor cycling*
- FREE access to indoor pool
- FREE access to both YMCA locations
- No contract. Ask staff about 30-day cancellation policy
- AWAY privileges at Ys across the nation

Downtown YMCA

1010 9th Street
Wichita Falls, TX 76301
(940) 322-7816

HOURS:

Monday-Friday: 5:00am-9:00pm
Saturday: 8:00am-5:00pm
Sunday: CLOSED

Bill Bartley Family YMCA

5001 Bartley Drive
Wichita Falls, TX 76302
(940) 761-1000

HOURS:

Monday-Friday: 5:00am-10:00pm
Saturday: 8:00am-6:00pm
Sunday: 1:00pm-6:00pm



YMCA of Wichita Falls Membership at the YMCA



YMCAWF.ORG



Gary Baker & Associates, LLC
Architects & Engineers

FITNESS CLASSES

All of these plus more!
All FREE with your membership!

AEROBICS LO/LITE	SILVER & FIT EXPERIENCE
BODYPUMP	SPIN
BODY SCULPT YOGA	STICKS
BOXMASTER	STRETCH
CORE	TRX SCULPT
PICKLEBALL	YOGA
PILATES	ZUMBA FITNESS
POWER MAX	

CHILD WATCH (FREE TO MEMBERS)

For children (6 weeks – 10 years)
Children can play in our safe and fun Child Watch room while parents exercise. To utilize Child Watch, members must have a Family or Single-Parent Family Membership.

CALL AHEAD AT LEAST ONE HOUR TO RESERVE YOUR CHILD'S SPOT! (940-761-1000)*

HOURS:

Mon-Fri	8:30am-1:00pm
Mon-Fri	4:00pm-8:00pm
Saturday	8:30am- 12:00pm

YMCA'S CORPORATE MEMBERSHIP

Take the first step toward a healthier workplace when you offer a YMCA corporate membership as part of your employee benefit package.

CAPITAL EXPANSION

Phase 1 addressed critical program needs by adding state-of-the-art facilities designed to help YMCA programs flourish. These new facilities include the Dillard Early Learning & Youth Academy, Isaiah 40:31 Double Gymnasium, Fain Indoor Soccer Complex, and Stephens Family Gymnastics Center (completed in 2018). The remaining facilities will be complete and open in 2020.

The Final Phase, underway now, will allow us to accomplish 3 things: 1. Allow us outfit the new program facilities, making them safe, secure, and engaging. 2. Address membership needs by adding a new Grand Entry Plaza to replace our narrow lobby (built in 1982), along with the renovation of the fitness areas and locker rooms, and 3. Address community health needs by creating a new Community Education Room.

We are grateful to so many in our community who have donated to make this project a success! If you would like to help us complete the Final Phase, gifts would be most welcome. Please make checks payable to the YMCA of Wichita Falls. They can be dropped off to Cherry Milbern at the Bill Bartley Branch or mailed to: YMCA, 1010 9th St, Wichita Falls, TX 76301.



PROGRAMS AT THE YMCA

YOUTH BASEBALL

Youth baseball is an exciting sport combining team play and individual skills. YMCA youth baseball promises no try outs, no getting cut and no bench warmers!

YOUTH BASKETBALL

While basic skills of the game are developed through practices and games, every child learns sportsmanship and values necessary to be successful in life.

YOUTH/ADULT INDOOR VOLLEYBALL

We believe in rewarding and praising effort, regardless of outcome. We instill love for the sport that encourages volleyball for life. We promote ethical behavior, fair play and respect for the game and all its participants.

YOUTH/ADULT INDOOR SOCCER

Indoor soccer provides greater opportunities for players to build their skills, offering great exercise, fast-paced action, high scoring, teamwork and camaraderie, and lots of fun!

MIRACLE LEAGUE

Miracle League is a baseball program for special needs kids. It runs in the spring for 6 Saturdays. It is a completely FREE program for any special needs kid with any diagnosis. The field is specially designed for any kid, it's rubber so it can be used by kids with walkers or in wheelchairs.